

Overview of Tong Ren Healing

Tong Ren is a highly targeted method of directing healing energy to the body. It can achieve extraordinary results by combining complementary elements of Western and Eastern medicine, and is spreading rapidly throughout the world. Its popularity is driven by success at healing or controlling cancers and other debilitating conditions that have not responded to traditional Western medicine or Eastern therapies.

Western medical science has developed sophisticated understandings of anatomy, physiology, neurology, biochemistry and cell function. We understand that the health of each organ in the body requires a supply of nutrients, which are mostly transported by blood circulation. Many organs require hormonal stimulation to function normally, and other organs become diseased if they stop receiving ongoing electrical and chemical stimulation via the nervous system. We cannot see any of these functions with the naked eye, so in recent years Western science has developed tools to estimate some of these mechanisms. But no one understands the cause of many serious illnesses, including most cancers, degenerative diseases and autoimmune diseases. And most of these have no cure.

Eastern medicine understands that the body requires a continuous supply of an additional form of energy to remain healthy. Each organ needs a natural flow of electrical signals, and blockage of that necessary bioelectric impulse leads to disease. We have not yet developed tools to measure this energy, but many people are able to feel its effects and studies are beginning to show its healing power.

East and West have contradictory but complementary understandings of the body, of the mind and of healing. Neither approach is adequate alone, as evidenced by many incurable diseases. Both are necessary components of a healing system to treat all aspects of the whole person, and allow the body to heal or cure those same illnesses. Tong Ren incorporates Western science with Eastern wisdom, but is not simply the sum of two sciences. Its healing power grows a quantum leap by harnessing another natural tendency we have all observed in nature: Synchronicity. The animal kingdom demonstrates a capacity we share. The perfectly synchronized movements of birds flying in a flock, or fish swimming in a school are not coordinated by the usual senses of sight, sound, smell, feel or taste -- but rather by "brainwave entrainment" with an instinctive commonality. They move in perfect harmony because each is connected with the brainwave energy and patterns of the group. A natural propensity toward synchronization is even seen in non-biologic systems, such as two pendulum clocks side-by-side on a wall gradually moving into harmony. The human brain has a Frequency Following Response, tending to change its dominant electroencephalogram patterns toward the frequency of external stimuli. Several studies have demonstrated a strong tendency for brainwaves of meditating people to synchronize with each other, with no sensory contact.

Dr. Carl Jung, Pierre Teilhard de Chardin, Ervin Laszlo, Gary Zukav and others have described the evolving development of a subconscious human connectedness, like a global spirit or brain. As an anthropologist, Teilhard traced the natural evolution of life on earth from the development of cells, then plants, through animal and finally human form. This visible biologic evolution then progressed to internal intellectual development, and now finally to globally evolving organization on the level of spirit-energy. We are all part of this upward spiral of organization, regardless of our awareness. In Tong Ren Therapy we tap into this vast reserve of healthy bioelectrical patterns and health-sustaining energy. We then use the natural tendency toward synchronicity to bring diseased organs back into harmony with the healthy bioelectric patterns of Tong Ren practitioners, and even more importantly into entrainment with the more powerful global brain.

Eastern medicine understands that the body has a natural tendency to heal, but requires the normal supply of nutrients and stimuli noted above. This suggests that many cancers and other debilitating illnesses occur because a blockage prevents flow of health-sustaining bioelectric signals. Tong Ren practitioners work to remove these blockages, and restore the normal flow of nurturing and healing energy. They use an acupuncture figurine as a tool. They apply energy to particular points on this anatomic model with a lightweight magnetic hammer or other methods, focusing their conscious mind on locations corresponding to the patient's blockages. Their rhythmic and habitual tapping produces a connection between the subconscious of the practitioner and the corresponding locations on the patient's body to open the blockages. This subconscious connection creates a conduit, drawing the diseased organ back into entrainment with the healthy bioelectrical signals and vast healing energy of the global collective unconscious. Health is usually restored, if the conscious mind does not reject or block the process. The identity of the individual practitioner is immaterial, because the healing power does not come from that practitioner, but rather from the collectively evolving milieu.

Imagine the Tong Ren practitioner as a piano tuner. The tuner's hammer strikes piano wires of errant pitch, so they may be adjusted back into harmony with the healthy collective frequencies. The actual retensioning of the cords is accomplished not by the individual tapper, but by the energy in an unseen chorus of experts. The accepting recipient feels energetic change, and then the medical tests usually improve. Most Tong Ren practitioners have themselves been healed, or have healed loved ones in this manner. Such healing is a powerful yet humbling experience. Practitioners happily welcome people with illnesses incurable by traditional Western or Eastern medicine. They simply act as a conduit for the healing frequencies and power of the Collective. They are rewarded by the joy and comfort of the healed.

Energy healing is most effective if we are receptive and accepting of that energy on a core level. Many people desperately want to heal but are not able to relax into such acceptance, because it lies outside of their understanding of reality. Preconceptions may prevent them from benefiting from any form of energy healing, but if we can help them "see" beyond their five senses, they may be able to open their hearts and accept healing energy. Many ancient cultures had that insight, and some contemporary scientists and philosophers are working toward that vision.

Throughout human history "everyone knew" that the sun and stars revolved around the earth -- until about 400 years ago, when we developed tools to see beyond our assumptions. We can never see gravity, other forms of energy or other levels of reality, but we can certainly measure their effects. Discoveries in quantum mechanics and particle physics indicate that the reality we experience in three-dimensional space and time is only one relatively small and transient domain of reality. There are other aspects of reality which we cannot see with our five senses, and these domains underlie and interact with the realm we experience. In this new vision of multiple interconnected domains of reality, our cognitive and spiritual energies interact with an underlying universal energy field, which is inherently organized and naturally healthy. Illness occurs when our body becomes uncoupled or "blocked" from these deeper levels of reality. There is a fundamental coherence in the universe that is enduring in time which we experience as synchronicity. If we provide a conduit for our manifest reality to reconnect and re-synchronize with the original underlying but unobservable energies and domains of reality, we then bring our three-dimensional space-time "diseased reality" back into harmony with original natural "healthy reality". Physicist Dr. William Tiller and others have produced models and replicable scientific evidence that we can, in fact, change our physical reality through human intention to invoke such coherence.¹ Ervin Laszlo adds historical and global insights into improving ourselves and our world through similarly enhanced understanding and vision of reality.²

The practice of Tong Ren is spreading rapidly, and it is now available in at least 24 of the United States, and at least 15 countries. A medical study was published in 2008, evaluating the effect of Tong Ren on 265 patients at 7 different sites in Massachusetts and Connecticut with cancer, autoimmune, endocrine, musculoskeletal and other disorders. 89% of patients responded positively to the Tong Ren Therapy, including healing of numerous cancers and other serious illnesses. Please take a moment to review [The Tong Ren Healing Method: A Survey Study](#) – AM Sullivan, S Bauer-Wu, M Miovic - Complementary Health Practice Review, 2008, <http://chp.sagepub.com/cgi/content/abstract/14/1/19>. Traditional Western medicine physicians and researchers are demonstrating increasing interest in Tong Ren, and Healing Classes are now being held in some traditional Western medical facilities. Scientific studies to demonstrate the effectiveness of Tong Ren are in development.

TCM practitioner Tom Tam has been developing Tong Ren Healing for more than 25 years, and he continues its evolution. Tom is a healer, acupuncturist, Chi Gong and Tai Chi expert, writer and poet living in Boston, Massachusetts. Tom has used Tong Ren to heal thousands of patients, and has trained hundreds of practitioners who share this healing method around the world. Tong Ren is a Complementary therapy, rather than an alternative to traditional medical care. Tong Ren practitioners depend on the patient's physician to diagnose the cause of an illness. They do not practice medicine; they do not diagnose, prescribe, interfere with traditional medical advice, or promise a cure. They DO invite each patient to synchrony with healthy universal energy, and thereby restore health by healing or stabilizing an ailment. Tong Ren Therapy opens new horizons for medical professionals and other healers, and for anyone hoping to return to health.

For more information, please browse: www.TomTam.com

William C. Daly, M.D. November 2010 www.OCIHRF.com
Western Medicine Advisor to the Board, OCI Healing Research Foundation, Inc.

References

- ¹ W.A. Tiller (2007) *Psychoenergetic Science: A Second Copernican-Scale Revolution*, (Pavior Publishing, Walnut Creek, California).
- ² E. Laszlo (2008) *Quantum Shift in the Global Brain, How the New Scientific Reality Can Change Us and Our World*, (Inner Traditions Publishing, Rochester, Vermont).